

# Shaolin Kung Fu & Tai Chi

Saturday Chinese Calligraphy: 3:00 - 4:30pm - Chinese Paining 4:50 - 6:20pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Private Lessons By appointment	Private Lessons By appointment	Private Lessons By appointment	9:30-10:30p (Yang tai chi)	Private Lessons By appointment	9:15-10:00a (age 5-7) Little kung fu
	4:30-5:00p (age 3-5 ) Tiny kung fu		4:30-5:00p (age 3-5 ) Tiny kung fu		10:00-11:00a All levels (age 8 to adult)
4:45-5:30p (age5-7 ) Little kung fu		4:45-5:30p (age5-7 ) Little kung fu		4:45-5:30p (age5-7 ) Little kung fu	11:00a-12:00p All levels (age 8 to adult)
5:30a-6:30p All levels (age 8 to adult)	5:00a-6:00p All levels (age 8 to adult)	5:30a-6:30p All levels (age 8 to adult)	5:00a-6:00p All levels (age 8 to adult)	5:30-6:30p All levels (age 8 to adult)	12:00-1:00p All levels (age 8 to adult)
Wushu Team III 6:30-7:30p	6:15-7:00p (age5-7 ) Little kung fu	6:30-7:30p All levels (age 8 to adult)	6:00-7:00p All levels (age 8 to adult)	6:30-7:30p All levels (age 8 to adult)	
6:30-7:30p All levels (age 8 to adult)	6:00-7:00p All levels (age 8 to adult)	7:30-8:30p All levels (age 8 to adult)	7:00-8:00p All levels (age 8 to adult)	7:30-8:30p All levels (age 8 to adult)	3:00-4:00p All levels (age 8 to adult)
7:30-8:30p All levels (age 8 to adult)	7:00-8:00p All levels (age 8 to adult)		8:00-9:00p Lion Dance Class (age 5 to adult)	8:30-9:30p All levels (age 8 to adult)	4:00-5:00p All levels (age 8 to adult)
8:30-9:30p (Yang)	8:00-9:00p (Chen)	8:30-9:30p (Yang)	SanDa Self-efense 8:00-9:00p (age10 to adult)	Wushu Team I 7::30-9:30p	5:15-6:00p (age5-7 ) Little kung fu
					Wushu Team II 5 :00-6:30p

Schedule is subject to change to best accommodate different sash levels. Classes taught in Mandarin and English