

Shaolin Kung Fu & Tai Chi

Course category	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Private Lessons by appointment	Private Lessons by appointment	Private Lessons by appointment	Private Lessons by appointment	Tea-Tai Chi 9:00-10:20a Tea-Tai Chi Sword 10:30-11:50a	
Tiny Kung Fu (age 3-5)		4:30-5:00p		4:30-5:00p		
Little Kung Fu (age 5-7)	4:45-5:30p		4:45-5:30p		4:45-5:30p	9:15-10:00a
Kung Fu Basic & Basic Weapons No/White/Yellow Sash	5:30-6:30p (age 8 to adult)	5:00-6:00p (age 8 to adult)	5:30-6:30p (age 8 to adult)	5:00-6:00p (age 8 to adult)	5:30-6:30p (age 8 to adult)	10:00-11:00a (age 8 to adult)
	Wushu Team II 6:30-8:30p	6:00-7:00p (age 8 to adult)		6:00-7:00p (age 8 to adult)		11:00a-12:00p (age 8 to adult)
		7:00-8:00p (age 8 to adult)		7:00-8:00p (age 8 to adult)		12:00-1:00p (age 8 to adult)
						5:00-6:00p (age 8 to adult)
Kung Fu Weapons Yellow Sash above			6:30-7:30p (age 8 to adult)		6:30-7:30p (age 8 to adult)	
Kung Fu Weapons Orange Sash above			7:30-8:30p (age 8 to adult)	San Da Self-Defense 8:00-9:00p (age10 to adult)	7:30-8:30p (age 8 to adult)	3:00-4:00p (age 8 to adult)
					8:30-9:30p (age 8 to adult)	4:00-5:00p (age 8 to adult)
Tai Chi	8:30-9:30p (Yang)	8:00-9:00p (Chen)	8:30-9:30p (Yang)			
Chinese Painting						11:00a -12:00p
国画						4:50-6:20p
Chinese Calligraphy						3:00-4:30p
书法						

Schedule is subject to change to best accommodate different sash levels. Classes taught in Mandarin and English