

SCHEDULE (Winter/Spring 2016)

Effective September 6, 2016

Shaolin Kung Fu & Tai Chi

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Private Lessons	Private Lessons	Private Lessons	Private Lessons	Private Lessons	Little Kung Fu (age 5-7) 9:15-10:00a
					Kung Fu No Sash/White Sash (age 8 to adult) 10:00-11:00a
					Kung Fu (age 8 to adult) White Sash and above 11:00a-12:00p
Little Kung Fu (age 5-7) 4:45-5:30p	Tiny Kung Fu (age 3-5) 4:30-5:00p	Little Kung Fu (age 5-7) 4:45-5:30p	Tiny Kung Fu (age 3-5) 4:30-5:00p	Tiny Kung Fu (age 3-5) 4:15-4:45p	Kung Fu Yellow Sash and above 12:00-1:00p
Kung Fu (age 8 to adult) Non/White/Yellow Sash 5:30-6:30p	Kung Fu (age 8 to adult) Non/White/Yellow Sash 5:00-6:00p	Kung Fu (age 8 to adult) Non/White/Yellow Sash 5:30-6:30p	Kung Fu (age 8 to adult) Non/White/Yellow Sash 5:00-6:00p	Little Kung Fu (age 5-7) 4:45-5:30p	Kung Fu Weapons Orange Sash and above 3:00-4:00p
	Kung Fu (age 8 to adult) Non/White/Yellow Sash 6:00-7:00p	Kung Fu Weapons Orange Sash and above 6:30-7:30p	Kung Fu (age 8 to adult) Non/White/Yellow Sash 6:00-7:00p	Kung Fu (age 8 to adult) Non/White/Yellow Sash 5:30-6:30p	
Wushu Team II 6:30-8:30p	Kung Fu (age 8 to adult) Non/White/Yellow Sash 7:00-8:00p	Kung Fu Weapons Orange Sash and above 7:30-8:30p	Kung Fu (age 8 to adult) Non/White/Yellow Sash 7:00-8:00p	Kung Fu Weapons Yellow Sash and above 6:30-7:30p	Kung Fu Weapons Orange Sash and above 4:00-5:00p
	Tai Chi (Yang) 8:30-9:30p	Tai Chi (Yang) 8:30-9:30p	San Da Self-Defense (age 10 to adult) 8:00-9:00p	Kung Fu Weapons Orange Sash and above 7:30-8:30p	
	Tai Chi (Chen) 8:00-9:00p			Kung Fu Weapons Green Sash and above 8:30-9:30p	Kung Fu Non/White/Yellow Sash (age 8 to adult) 5:00-6:00p

Schedule is subject to change to best accommodate different sash levels. Classes taught in Mandarin and English